

CHORES LIST Groups by Age



Toddlers

(Ages 2-3)

- Pick up / put away toys
- Put clothes in hamper
- · Help to feed pets
- Dust (using a sock on hands)
- Wipe up spills

Preschoolers

(Ages 4-5)

- Make a bed
- Match socks
- · Get the mail
- · Water plants / pull weeds
- Help to clean up spaces
- Fold washcloths

Primary Schoolers (Ages 6-9)

- Clear / set a table
- · Clean bathroom sink /counter
- · Sort laundry by color
- Collect trash from bins
- Load / empty a dishwasher
- Mop / vacuum / sweep floors
- Pack up school lunch
- Walk pets
- Prepare snacks / breakfast
- Help make larger meals
- Tidy up bedroom
- Put away groceries

Middle Schoolers

(Ages 10-13)

- Iron clothes
- Cook simple meals
- Do Laundry
- Babysit younger siblings with parents home
- Clean cars
- Change bed sheets
- Wash dishes without assist
- Take trash bins to curb

High Schoolers (Ages 14+)

- Deep clean kitchen
- Clean bathroom / kitchen
- Babysit younger siblings independently
- · Mow the lawn
- Care for pets independently
- Make complex meals
- Help with home / car repairs
- Wash windows
- Complete small shopping trips

